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| Athupi Leh amasa kilakna munte |
| OFFICIAL  Zomi | Zolai |

* Siavuan khat tawh amanlang in na kilak nuam hiam?
* Athupi Leh amasa kilakna munte (PPCCs) in liamna leh natna neite amanlang leh man ngenlo in   
  bawl hi.
* PPCC siavuante in amanlang tak in hong bawl ding uh a, kiallap zato te sang manlang zaw uh hi.
* Siavuante in natna kilawh ahuaisialo, mei tawh liamna neu te, ci leh sa gawlh leh guh kitan a upmawh cihte hong bawl thei hi.
* Liamna leh ci natna nasia tak in na neih leh bem thum Triple Zero (000) ah phone sam in.
* Amang lang in kilak ding akul keileh, na ngeina siavuan tawh kilak ding in appointment bawl in.
* PCCC ah natna zonna, datman kizaihna leh zatui zuakna sai cihte ompah hi.
* PPCC pen Medicare card nei leh neilo tawh kisailo in, mi khempeuh ading a mawkna hi.
* PPCCs te ahun sawtpi khanto in kihong a, nipi khat ni 7 sung kihong hi.
* Appointment bawl lak masak kullo hi.
* Victoria sungteng ah PPCCs kihong hi.
* Mun leh thu nakan nop leh Better Health Channel ah pai in: [www.betterhealth.vic.gov.au/health/servicesandsupport/priority-primary-care-centres](http://www.betterhealth.vic.gov.au/health/servicesandsupport/priority-primary-care-centres)
* PPCCs te ah kamphen om hi. Kamphen na deih leh 131 450 ah Translating and Interpreting Service TIS National sam in.